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ROSA VOICE

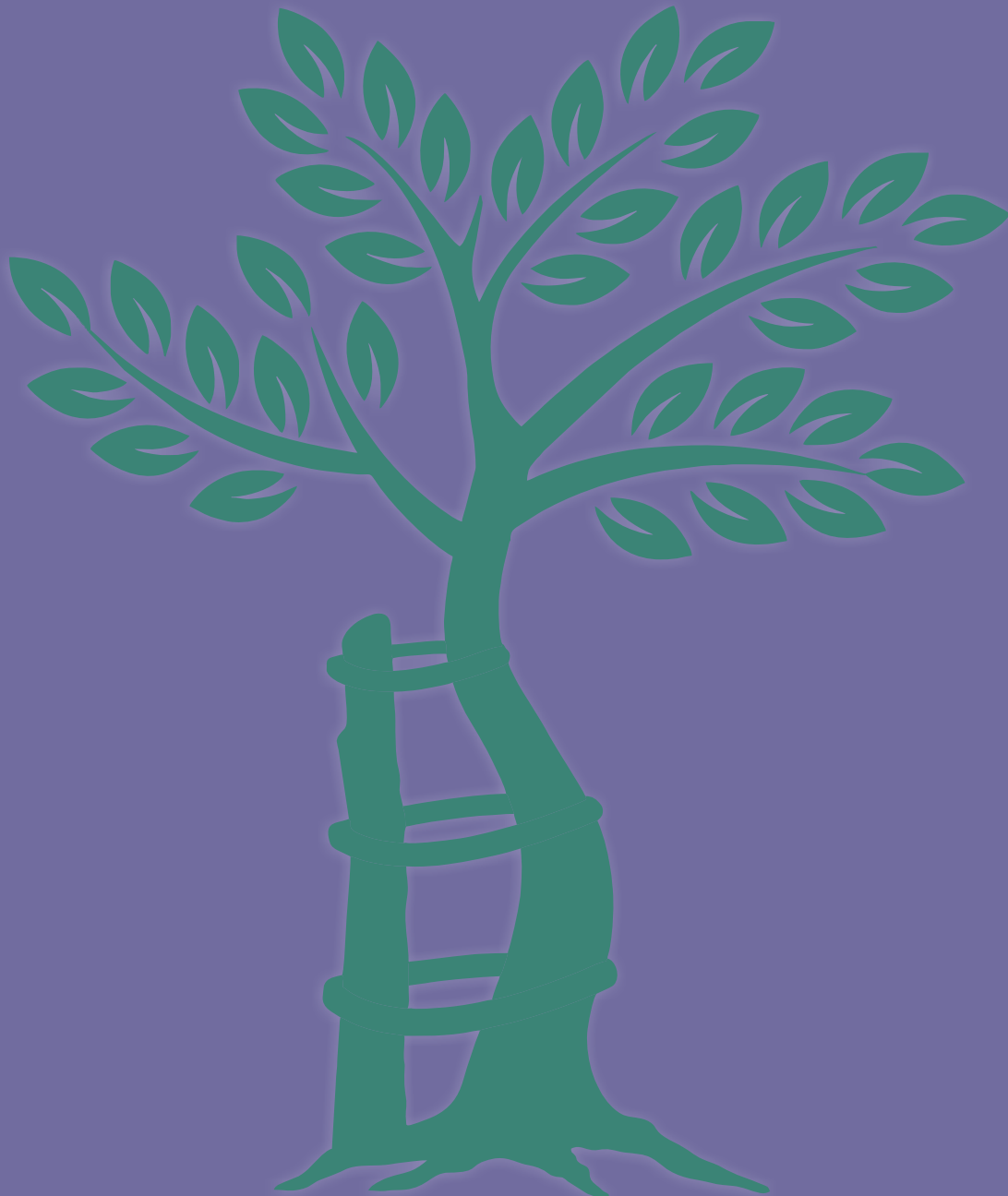
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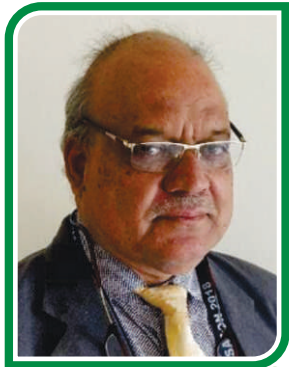
Jan - March 2019

IOA President Theme

'Roots of Responsibility, Wings of Professional Excellence'



ROSA Office Bearers



Dr. Vinay Joshi
PRESIDENT



Dr. Rajesh Goyal
PRESIDENT ELECT



Dr. Jayant Sen
HON. SECRETARY

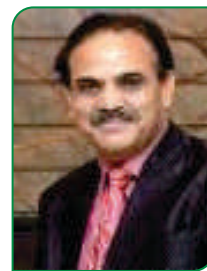


Dr. Rahul Katta
TREASURER

I.O.A. State Representative



Dr. C.K. Ameta
Udaipur



Dr. Mohan Mantri
Kota

Immediate Past President



Dr. Mahesh Gupta

Immediate Past Secretary



Dr. Jaswant Singh

Executive Members



Dr. Naresh Porwal
Bhilwara



Dr. Rajesh Goyal
Dholpur



Dr. Mahendra Singh Rathore
Hanumangarh



Dr. Rajiv Bhargava
Jaipur



Dr. Mahendra Singh Tak
Jodhpur



Dr. G. D. Ramchandani
Kota



Dr. Anurag Talesra
Udaipur

Mid-Term ROSACON 2019



Dr. Purnima Patni
ORG. CHAIRMAN



Dr. Amit Vyas
ORG. SECRETARY



Dr. Ashok Tiwari
ORG. CHAIRMAN



Dr. N.K. Gupta
ORG. SECRETARY



Dr. Gaurav Rohatgi
ORG. SECRETARY

ROSACON 2020

Editorial Board ROSA Voice



Dr. Kapil Gangwal
Jaipur



Dr. Kuldeep Nathawat
Bhilwara



Dr. Saleh M. Kagzi
Udaipur

President's Message

Dear Friends & Colleagues

Wish you a happy, healthy, prosperous 2019.

I am thankful to our esteemed members who gave me the honour to lead this prestigious association. Every new tenure brings with it the drive to make new commitments and resolutions that enrich the association.

I have witnessed all the stages of the growth of our association with age, and all the contribution of our teachers and senior members hence my responsibility to follow the same path has increased.

The year 2019 is full of academic activities and fellowship, designed by the executive board and dynamic secretary Dr. Jayant Sen, A four point program has been added by me and I hope we will achieve the goals with your co-operation. My first motto is to achieve the target of 1000 ROSA members through an intense drive increase in membership strengthens our voice at national level. Then to arrange academic activities for excellence throughout the year, within two months, we have organized two prestigious national level meeting – Indian Foot and Ankle Society Meeting and JSKS.

We plan to organized special drive to reach the various members and have plenty of orientation programs at district level where Orthopaedicians are deprived of specialized facilities.

Our young upcoming Orthopaedic Surgeons are working enthusiastically. Especially in last two years, super speciality fields have developed drastically and ROSA will support in these activities.

Our ROSA voice is the real voice of ROSA members and this has grown in last few years. Please send your suggestions and contributions regarding improvement of ROSA voice.

The editorial team is really doing excellent work and will do in future too.

Lastly, whatever we do, we will continue to do it well. We hope this news letter will be regular and informative also JAI ROSA



With Regards

A handwritten signature in black ink that reads "Vinay Joshi". The signature is written in a cursive style and is positioned above a horizontal line.

Dr. Vinay Joshi
(President, ROSA)

Message from the Secretary

Respected Seniors and Dear Friends,

The 31st ROSACON was organized under the aegis of Rajasthan Orthopaedic Surgeons' Association and Udaipur Orthopaedic Society at Labgarh Palace and Resorts, Udaipur from 15th – 17th February, 2019. It was a well-attended, grand academic event attended by about 350 delegates. Theme was “ORTHOPAEDIC EXCELLENCE THROUGH TECHNOLOGY.”



On 15th February 2019 workshops were organized. The Co-ordinators were Dr. Neeraj Agarwal (Arthroplasty), Dr. Prathmesh Jain (Arthroscopy) and Dr. Chirayu Pamecha (Spine fixation).

On 16th February 2019 Inauguration was by Dr.R.C.Meena, IOA President Elect, Guest of Honour – Dr.Ramesh Sen, ROSA President – Dr.Mahesh Gupta and ROSA Secretary - Dr. Jayant Sen. Welcome address was by Dr.B.L.Kumar (Org Chairman) and Vote of thanks by Dr. Anurag Talesra (Org Secretary).

3 Orations were delivered, Dr.P.K.Sethi Oration by Dr.Ramesh Sen - Orthobiologics in AVN Femur head, Dr. J.C.Sharma Oration by Dr. B.L.Kumar - Life of a doctor (Orthopaedics and beyond it) and Dr.H R Jhunjhunwala Oration by Dr.Rajiv Siwach -Stem Cell therapy – my experience. The meeting was graced by International faculty – Dr.Rohit Rambani, U.K. and National faculty – Dr.Raju Vaishya, Dr.Pankaj Jindal, Dr.Ram Prabhu, Dr.Amit Sharma, Dr.Kshitij Choudhary, Dr.Harish Ghoota, Dr. Jayant Arora. Various sessions covering Hand & Wrist, Trauma, Arthroplasty, Spine, Arthroscopy, Onco-orthopaedics, Rheumatology, Paediatric Orthopaedics and Basic Sciences were held over 2 days. More than 80 P.G. students participated for the Dr. Vinod Jaskaran Porwal Gold medal paper presentation & posters.

GBM was held on 16th February 2019. Dr. A.S.Chundawat & Late Dr. M.P. Upadhyaya were awarded Life time achievement awards. Dr. Chirag Jain was awarded the Dr. Vinod Jaskaran Porwal best paper award, Dr. Laxman Choudhary the Dr. Girija Nath – Leela Sen Gold Medal for PG Quiz winner and Dr. Nilesh Barwar the Shri Ganpat Rai ji Gold medal for best publication in ROSA Voice. Dr. Tarun Dusad received ROSA Best Publication award cash prize for Best publication in a peer reviewed journal. ROSATHON had an active participation by nearly 200 people. In valedictory function, Dr. Vinay Joshi took charge of President ROSA 2019-20 from Dr. Mahesh Gupta.

Selection interview for ROSA Fellowships were held. Selected were Dr. Nitesh Gahlot and Dr. Uttam Chand Saini for ROSA – JOS Overseas Fellowship, Dr. Akshat Vijay for ROSA–CS Goyal Fellowship, Dr. Vikas Bohra for ROSA – Smt. Saraswati Siwach Fellowship and Dr. Arun Kumar Sharma for ROSA – Dr. M.P.Udawat Fellowship. Mid Term ROSACON 2020 at Jaipur and ROSACON 2021 at Jaipur were finalized.

The quarter also saw meetings on TSSULA (Spine) by Dr Gireesh Gupta (Jaipur) on 22nd- 24th February 2019 and IFAS –ROSA-JOS combined meeting and Hands on workshop by Dr. Jayant Sen (Jaipur) on 17th March 2019. Proposed are JSKC (Shoulder and Knee, Arthroscopy and Arthroplasty) 5th-7th April 2019, Rajasthan Spine Course (Spine) 11th-12th May 2019, IFICS (Paediatric Orthopaedics) 23rd- 25th August 2019 and Amsterdam on Tour (Foot and Ankle) 13th - 14th December 2019.

ROSA Voice is a regular quarterly feature giving voice to all ROSA members to share their achievements and scientific work. Regular communication with bulk messages and e-mails to all members continues. ROSA website is functional. The academic appetite of the parched community feasted on more than 30 academic meets across the length and breadth of the state covering all specialties. Bone and Joint free surgeries has received support from all players – government, private and corporate. The membership boomed beyond imagination with an astounding more than 200 new members added in last 3 years .!! All this was possible because of the all round support and good wishes I received from each and every ROSA member.... Thank you all.

The new executive with Dr. Vinay Joshi (President), Dr. Rajesh Goyal (President Elect) Dr. Jayant Sen (Secretary) and Dr. Rahul Katta (Treasurer) and other executive members from the 7 divisions of Rajasthan has taken over.

Next meetings are at Jaipur - Mid Term ROSACON on 14th July 2019 and Ranthambore - ROSACON on 10th to 12th January 2020.

I look forward to your continued guidance and patronage.

Visit our website - www.rajortho.org

Jai ROSA!! Jai Hind!!

Jayant Sen
Dr. Jayant Sen
Secretary ROSA

Editor's Note...

*D*ear Readers,

We are pleased to bring out the 1st issue of ROSA Voice for the year 2019. This issue presents the update on the annual conference and progress on the various state and city events in orthopedics.

Please do continue sending us your feedback and articles and news of any event in your region.

Best Wishes



Dr. Kapil Gangwal
Jaipur



Dr. Kuldeep Nathawat
Bhilwara



Dr. Saleh M. Kagzi
Udaipur

ROSACON 2019 Report

31st ROSACON was organized under the aegis of Rajasthan Orthopaedic Surgeons' Association and Udaipur Orthopaedic Society at Labhgarh Palace and Resorts, Udaipur from 15th – 17th February, 2019. It was a well-attended, grand academic event attended by about 350 delegates. Theme was "ORTHOPAEDIC EXCELLENCE THROUGH TECHNOLOGY."

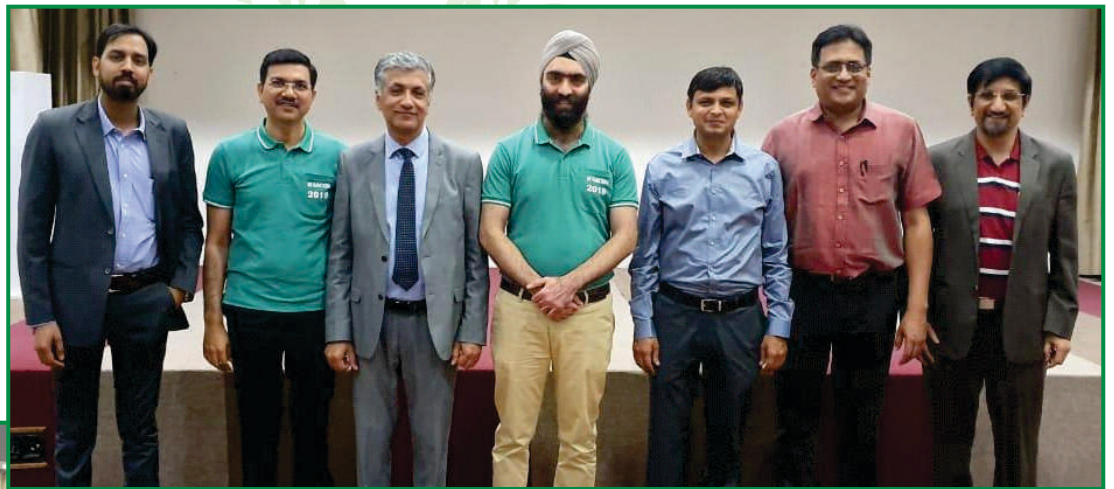
15/02/2019 was day of workshops Arthroplasty – Dr. Neeraj Agarwal (Co-ordinator) Arthroscopy – Dr. Prathmesh Jain (Co-ordinator) Spinal fixation – Dr. Chirayu Pamecha (Co-ordinator). The conference was inaugurated on 16th February by Dr. R. C. Meena, IOA President Elect. The Guest of Honour was Dr. Ramesh Sen, ROSA office bearers Dr. Mahesh Gupta and Dr. Jayant Sen. Dr. B. I. Kumar gave the welcome address. Dr. Anurag Talesra gave the vote of thanks. Dr. P.K. Sethi Oration was given by Dr. Ramesh Sen on Orthobiologics in AVN Femur Head. Dr. J. C. Sharma Oration was given by Dr. B. L. Kumar on Life of a Doctor (Orthopedics and beyond). Dr. Jhunjhunwala Oration was given by Dr. Siwach on Stem cell therapy my experience. International Faculty present for the sessions was Dr. Rohit Rambhani from U.K. National faculty included Dr. Raju Vaishya, Dr. Pankaj Jindal, Dr. Ram Prabhu, Dr. Amit Sharma, Dr. Kshitij Choudhary, Dr. Harish Ghoota, Dr. Jayant Arora. Various sessions on 16/02 & 17/02 where Hand & Wrist, Trauma, Arthroplasty spine, Arthroscopy, orthopedic oncology, Rheumatology, Paediatric Orthopaedics and Basic Sciences. More than 80 P. G. participated in Dr. Vinod Jaskaran Porwal Gold medal paper presentation & posters. GBM was held on 16/02/2019. Dr. A.S. Chundawat & Late Dr. M.P. Upadhyaya were awarded Life time achievement awards. Rosathon had participation by 200 people on 16/02/2019. In valedictory function, Dr. Vinay Joshi took charge of President ROSA 2019-20 from Dr. Mahesh Gupta. Dr. Anurag Talesra Organizing Secretary, ROSACON 2019



City Events

JAIPUR FOOT & ANKLE CONFERENCE, Jaipur

A combined meeting of the Indian Foot & Ankle Society, Rajasthan Orthopaedic Surgeons Association and Jaipur Orthopaedic Society was held at Santokba Durlabhji Memorial Hospital, Jaipur on Sunday 17th March 2019. The National Faculty included Dr. Nikesh Shah (Vadodra) President IFAS, Dr. Kamal Dureja (Delhi) Vice-President IFAS, Dr. Ajoy S (Bengaluru) – Secretary IFAS and Dr. Maninder Shah Singh (Delhi) Org Secretary for IFASCON 2019. State faculty included Dr. Jayant Sen, Dr. Anil Sharma and Dr. Rahul Upadhyay. The meeting composed of Didactic Lectures, Case discussion, Video Sessions and Hands On Workshop. The meeting organized by Dr. Jayant Sen was attended by more than 100 delegates with senior members and post graduate students from across the state.



TSSULA JAIPUR 2019

TSSULA (Transforaminal Endoscopic Stitchless Spine Surgeries Under Local Anaesthesia)

3 days International Cadaveric workshop & conference organized by Ramanji Hospital & Research Centre in association with Rajasthan Orthopaedic Surgeons Association (ROSA), JOS under the aegis of Mission Spine Foundation. On the First day on 22nd Feb, a cadaveric workshop was organized at SMS Anatomy dissection hall where more than 100 international (USA, South Africa, Taiwan, Indonesia, Morocco, Iraq, Dubai, Nepal, Cap Town etc.) & national delegates worked hands on with renowned national faculties Dr. Satish Chandra Ramakant Gore (Founder of Mission Spine Foundation), Dr. Sunil Nadkarni, Dr. Aanand Kavi from Pune, Dr. Malcolm Pastonji from Mumbai, Dr. Bhupesh Patel & Dr. Shiraj Munshi from Ahmedabad, Dr. Sukumar Sura from Hyderabad, Dr. S. N. Madaria from Raipur.

Day 2nd & 3rd on 23rd & 24th February CMEs & 10 live surgeries (Lumber & Cervical PIVD) were performed by TSSULA where all delegates actively participated & found healthy discussion, shared their queries with experienced faculty members & enjoyed the academic sessions. The delegates were so enthusiastic about learning this new technique that they were present sharp at 5:30 AM for Dr. Gore's special lecture. The international delegates as well as Indian delegates appreciated this academic program very much.

Dr. Gore Chief Patron of Conference focused on awareness & benefits of this advanced technique of spine surgery TSSULA : No blood loss, Performed Under Local Anesthesia, Fast Recovery, No anatomical structure damage, Quick Results, Miracle for co-morbid patients, Early Discharge. Dr. Gore also disclosed his new study on secrets of facet joints.

Retired Rajasthan High Court Justice Shri Deepak Maheshwari Ji (Chairman State Green Tribunal) was Chief Guest of Inaugural ceremony who delivered a talk on “Doctors & Their Safety from Antisocial Elements”, Rajasthan’s senior most Orthopaedician Dr. R.N. Mathur Sahib was guest of Honor. Dr. R.C Meena (President Elect IOA & Chief Patron of Conference) said that it was a matter of great pleasure that Ramanji Hospital Jagatpura Jaipur had been given this great opportunity by Dr. Gore for this First International conference in Rajasthan on TSSULA. Dr. Jayant Sen Secretary of ROSA gave thanks to Dr. Satish Chandra Gore & Entire Faculty and reiterated the fact that TSSULA was indeed a revolutionary technique and a boon for patients. He also appreciated the work of Dr. Gireesh Gupta and his team.



JOS Social Night

Hotel Grand Uniara - 6th January 2019





MINUTES OF THE ANNUAL GENERAL BODY MEETING OF RAJASTHAN ORTHOPAEDIC SURGEONS ASSOCIATION

Held on 16th February 2019 at 5 PM at Labhgarh Resort, Udaipur.

The meeting was brought to order by the President of ROSA Dr. Mahesh Gupta. He directed the Secretary Dr. Jayant Sen to initiate the agenda.

1. Obituaries- Dr. Madhav Upadhyaya, Dr. Ashok Khandaka and Dr. Rahul Katta spoke in memory of the departed souls. The house stood in silence for a minute and mourned the sad demise.

2. Minutes of Last GBM held on 3rd February 2018 at Ajmer, published in ROSA Voice of January to March 2018 were submitted for approval. All approved and were passed by the house by voice vote. (Dr. R. C. Meena proposed and seconded by Dr. Anurag Talesra).

3. Minutes of EBM held on 15th July 2018 at Jaipur published in ROSA Voice of July to September 2018 were submitted for approval by the Secretary Dr. Jayant Sen and passed by the house by voice vote. (Dr. R. K. Verma proposed and seconded by Dr. Sudhir Yadav).

4. Secretary Dr. Jayant Sen read out his Annual report (printed along with). The house appreciated and applauded various achievements. The implementation of new fellowships (ROSA – JOS Overseas Fellowship, ROSA – CS Goyal Fellowship and ROSA – Smt. Saraswati Siwach Fellowship) and the Gold Medals (Dr. Girija Nath – Leela Sen Gold Medal for PG Quiz and Shri Ganpat Rai ji Gold Medal for best publication in ROSA Voice) were notable. A new Fellowship (ROSA - Dr. M. P. Udawat Fellowship in Foot & Ankle Surgery sponsored by Dr. R. C. Meena in the memory of his teacher has been initiated this year. The ROSA Best Publication Award in a peer reviewed journal in a calendar year has also been continued with support of Dr. Anoop Jhurani. All approved and were passed by the house by voice vote. (Dr. Naresh Goyal proposed and seconded by Dr. S. N. Soni).

5. Treasurer Dr. Rahul Katta read his report highlighting the stream lining of all ROSA Accounts and Tax issues. The Audited Financial report (FY 2017-18) for Income Tax was put before the House. The Income –Expenditure for 2018-19 and the budget proposals for 2019-20 were also put before the House. All approved and were passed by the house by voice vote. (Dr. Ashok Khandaka proposed and seconded by Dr. B. L. Kumar).

6. ROSACON 2018 – Dr. Mahesh Gupta presented the final report with 290 delegates 185 accompanying person. He also reiterated his submission of Rs 5,11,000/- (Rupees Five Lakhs Eleven Thousand only) to the ROSA fund. All approved and were passed by the house by voice vote. (Dr. N. K. Gupta proposed and seconded by Dr. Kuldeep Nathawat).

7. ROSACON 2019 – Dr. Anurag Talesra, Organising Secretary informed the well attended academic and social meeting of ROSA members. He promised to share the figures of attendees and contribution at the earliest.

8. ROSACON 2020 – Dr. Gaurav Rohatgi, Organising Secretary presented the plan with the conference proposed at Ranthambore from 10th to 12th January 2019. The theme is- 'Getting it perfect' in the era of Artificial Intelligence.

9. Presentation of Awards –

A. Life time Achievement Awards was presented to Dr. A. S. Chundawat. Dr. M. Upadhyaya (who unfortunately passed away in the interim, shall be presented to the family at Jaipur).

B. ROSA- JOS Overseas Fellowship Certificate and Cheque of Rs 50,000/- (Rupees Fifty Thousand only) each to Dr. Umesh Meena and Dr. Gaurav Garg. (Absent)

C. ROSA- C.S. Goyal Fellowship Certificate and cheque to Dr. Sahil Gaba. (Absent)

D. ROSA- Smt, Saraswati Siwach Fellowship Certificate and cheque to Dr. Khushwant Singh Rathore. (Absent)

E. Shri Ganpat Rai ji Gold Medal for best publication in ROSA Voice to Dr. Nilesh Barwar. (Absent)

F. ROSA Best Publication Award for publication in a peer reviewed journal (Supported by Dr. Anoop Jhurani) – Dr. Tarun Dusad (Cheque Rs 21,000/- Rupees Twenty One Thousand only). Secretary Dr. Jayant Sen also shared as to how the award was decided including first author, impact factor, work done at, citations, etc.

G. ROSA – COE 2018 Awards were announced for Dr. Harish Talreja and Dr. Rajat Tak (Arthroplasty) Dr. Rahul Saini & Dr. Mahendra Swami (Arthroscopy) Dr. Saumaya Agarwal & Dr. Devendra Singh (Reconstructive Orthopaedics) Dr. Khushwant Singh Rathore & Dr. Vikas Bohra (Paediatric Orthopaedics) and Dr. Raj Kumar Harshwal (Orthopaedic Oncology).

10. OREF Jodhpur – Hon. Secretary Dr. Jayant Sen informed the proposed Dr. J. C. Sharma Spine Fellowship with Ganga Hospital was pending due to the funds not being transferred by the OREF, Jodhpur. He shared that he has pursued the matter at all levels with mails and telephone to trustees, colleagues and students of Dr. J. C. Sharma and senior members of ROSA and Jodhpur Orthopaedic Surgeons Society throughout the year with no response. The House felt hurt at the attitude of the trustees in whom the Late Dr. J. C. Sharma had reposed great faith to carry forward his legacy of training the youth and enhancing the level of Orthopaedic Surgery in Rajasthan. It was decided that the Secretary Dr. Jayant Sen will send a request letter on last time, Jodhpur Orthopaedic Surgeons Society members Dr. Rajeev Siwach, Dr. Rahul Garg and Dr. Hemant Jain will pursue at local level and concerned associates and all members of ROSA will put in one last effort for our Founder Secretary Dr. J. C. Sharma's wishes. (Dr. S. P. Gupta proposed and seconded by Dr. Naresh Porwal).

11. Secretary Dr. Jayant Sen read out the Members name from Life Members 705 to 761 was put before the house for ratification. (Dr. Saurabh Mathur proposed and seconded by Dr. Kailash Parihar).

12. Dr. Vinay Joshi, President Elect ROSA and Election Officer for ROSA Elections 2019 declared the results. Dr. Rajesh Goyal - President (Unanimous)

13. Bids for Conference –

A. Mid Term ROSACON 2020– Jaipur – Dr. Lalit Sharma

B. ROSACON 2021. Bids were received from Bhilwara (Dr. Kuldeep Singh Nathawat), Jaipur (Dr. Ashok Khandaka) and Pali (Dr. Kailsh Parihar). All made presentations. Bhilwara and Pali withdrew. Jaipur was chosen as the venue for ROSACON 2021.

Dr. Rakesh Bhargava proposed for a zonal circulation of the ROSACON. The House discussed the proposal and decided to keep in abeyance for the present

The House congratulated the newly elected President – Dr. Vinay Joshi, President Elect – Dr. Rajesh Goyal and Secretary – Dr. Jayant Sen and wished them a successful term.

With no other matter the President Dr. Mahesh Gupta thanked all members for attending the meeting. Jai ROSA, Jai Bharat

Jayant Sen
Dr. Jayant Sen
(Secretary ROSA)

ROSACON 2019 Secretary Report Udaipur

16th February 2019

2018 began with ROSACON 2018, the mega meeting of Rajasthan Orthopaedic Surgeons Association in the Holy City of Pushkar, Ajmer from 2nd to 4th February 2018. The conference theme was 'How I can do better'. The team was lead by the Organising Chairman Dr. N. L. Jhamariaya, the Organising Secretary Dr. Mahesh Gupta and the Scientific Head Dr. Hemeshwar Harshwardhan and Dr. Deepak Jain. On the first day 2 workshops were conducted. During the conference 3 orations were delivered. Dr. P. K. Sethi oration by Dr. Anil Jain, Past President IOA, Dr. J. C. Sharma oration by Dr. Trilok Gupta and Dr. H. R. Jhunjhunwala oration by Dr. Shailendra Sharma, former President ROSA. Plenary lectures, panel discussions, surgical videos by eminent National and State faculty and free papers by the young orthopaedic surgeons were the essence of the meet.

Life time achievement awards were presented to Dr. M. M. Bapna and Dr. P. S. Saxena. Dr. Mahendra Swami was awarded the Dr. Vinod Jaskaran Porwal best paper award, Dr. Raghvendra Choubisa the Dr. Girija Nath – Leela Sen Gold Medal for PG Quiz winner and Dr. Saleh M Kagzi the Shri Ganpat Rai ji Gold medal for best publication in ROSA Voice. Dr. Umesh Meena received ROSA Best Publication award cash prize for Best publication in a peer reviewed journal.

ROSA – JOS Overseas Fellowship with British IOS winners Dr. Amit Vyas and Dr. Rajat Malot and ROSA–CS Goyal Fellowship winner Dr. Ashish Rana were also presented the certificates and cheques. ROSA elections were completed under the supervision of President ROSA Dr. Rajeev Siwach. Dr. Mahesh Gupta (President) and Dr. Vinay Joshi (President Elect) were unanimously elected. After counting of ballots Dr. Jayant Sen was declared elected as Hon Secretary.

The new executive with Dr. Mahesh Gupta (President), Dr Vinay Joshi (President Elect), Dr. Jayant Sen (Secretary) and Dr. Rahul Katta (Treasurer) and other executive members from the 7 divisions of Rajasthan took over.

Selection interview for ROSA Fellowships were held. Selected were Dr. Umesh Meena and Dr. Gaurav Garg for ROSA – JOS Overseas Fellowship and Dr. Sahil Gaba for ROSA–CS Goyal Fellowship.

Mid Term ROSACON 2019 at Jaipur and ROSACON 2020 at Kota were finalized. Next meetings are at Jaipur for ROSA Mid Term 2018 and Udaipur for ROSACON 2019.

The 1st quarter also saw meetings on Congenital hand Anomalies on 7th January 2018 by Dr. Girish Gupta (Jaipur), INDO-UK Shoulder Cadaveric Course on 17th-18th February 2018 by Dr. K. Raichandani and Dr. Arun Vaishy (Jodhpur) and ASSI – Spine Outreach on 25th February 2018 by Dr. Chirayu Pamecha (Udaipur). The 2nd quarter witnessed national level meetings in Jaipur. Shoulder and Knee / Arthroscopy and Arthroplasty (Jaipur Shoulder Knee Course) was held on 7th-8th

April 2018. Mid Term meeting of the Central Zone of IOA was organized on 15th April 2018. The meeting, focused on Spine, was supported by Bombay Spine Society. PG course was also organized at Jaipur on 13th May 2018. Foot & Ankle CME and Hands on workshop was held at Udaipur on 27th May 2018. Hand surgery Orientation program was held at Bikaner on 17th June 2018. The 3rd quarter witnessed Infected Basic Ilizarov Course (Bikaner) on 8th July 2018, Pelvi Acetabular meeting (Jaipur) on 25th August 2018, Case based meeting (Jaipur) on 10th September 2018 and many other small meetings. The last quarter of the year witnessed two national meetings along with many city chapter meetings. Indian Arthroplasty Association (IAACON 2018) at Neemrana from 16th to 18th November 2018 by Dr. Anoop Jhurani and Indian Cartilage Society Meeting 8th and 9th December 2018 at Jaipur by Dr. Saurabh Mathur were a resounding success and well appreciated.

Mid Term ROSACON 2018 at Jaipur on Sunday 15th July 2018, focused on 'Shoulder 360*'. The Organising team lead by Organising Secretary Dr. Saurabh Mathur show cased an excellent meeting with great team work. National and state faculty actively participated with live surgery, surgical video and panel discussions. PG Quiz was conducted by Dr. Ashish Jaiman and team with participation from all Medical colleges across Rajasthan. Dr Laxman Choudhary (SMS Medical College, Jaipur) is the winner of the Dr. Girija Nath – Leela Sen Gold medal for standing 1st in the ROSA PG Quiz. All appreciated the scientific content, punctuality and smooth conduct with the ever smiling gracious hospitality.

Bone & Joint week was celebrated across Rajasthan from 1st to 7th August 2018. Free consultation and surgeries, BMD camps, Public awareness lecture and rallies were held at Ajmer, Jaipur, Jodhpur, Kota, Udaipur and many other places. Road safety poster of IOA was released by the Commissioner of Police at Jaipur on Bone & Joint day 4th August 2018. World Arthritis day and World Spine day were also celebrated across the state in October 2018. World Spine day and Arthritis day were also celebrated across the state.

Dr. Umesh Meena and Dr. Gaurav Garg completed ROSA – JOS Overseas Fellowship with British IOS in UK from 1st to 15th July 2018. Dr. Sahil Gaba found the ROSA – CS Goyal Fellowship in Adult Reconstructive Surgery with Dr. Sachin Tapasvi at Pune a very learning experience. Dr. Khushwant Singh Rathore has completed ROSA - Smt. Sarawati Siwach Fellowship in Paediatric Orthopaedics with Dr. Sandeep Patwardhan at Pune. ROSA – COE at Jaipur in various sub-specialities have been completed by most. ROSA – Dr. M. P. Udawat Fellowship in Foot & Ankle surgery will be started soon. Shri Ganpat Rai ji Gold medal for best publication in ROSA Voice will be awarded to Dr. Nilesh Barwar and the ROSA Academic award for the best publication in a peer reviewed journal to Dr. Tarun Dusad.

The elections were conducted by Dr. Vinay Joshi, President Elect ROSA as the election officer. Congratulations to the unanimously elected President Elect Dr. Rajesh Goyal (Kota). Congratulations to Dr. R. C. Meena who has taken over as the President Elect of IOA and Dr. Anoop Jhurani who has taken over as President of Indian Arthroplasty Association.

Dr. Mahesh Gupta, our President has been a calming influence. His presence at many meetings across the state has had a stimulating effect. It has indeed been a pleasure working with you.

Words fail me in acknowledging the dedicated work of our Treasurer Dr. Rahul Katta. He has streamlined the financial issues of our association. The legacy left by him will help the association grow further and stronger. His legal help to many members of the association is the quiet work of the ever smiling gentleman.

Scientific activities and case reports of interesting cases, achievement and awards of our esteemed members and updation of our association's activities are now regularly published quarterly. I am thankful to our editorial team of Dr. Kapil Gangwal, Dr. Saleh M Kagzi and Dr. Kuldeep Singh Nathawat for their sincere and dedicated efforts and bearing with me in making ROSA Voice a publication looked forward to with anticipation by ROSA members. I also acknowledge the support of Vibhuti Bahri and team of Jaipur Printing Centre for all the help.

The ROSA website (www.rajortho.org) is interactive and a work in progress. I acknowledge the help of Mr. Rahul Bansal who has patiently helped with all the IT work and more.

ROSA family has now grown to more than 750 members – more than 200 new members inducted last 3 years - a giant leap! Regular communication is carried out through bulk messages. Repeated personal efforts have been made for address, e-mail and phone number updation.

The ROSACON 2019 team lead by Dr. B. L. Kumar (Organising Chairman) and Dr. Anurag Talesra (Organising Secretary) are doing a yeoman job. 2019 academic activities continue with the Spine (Dr. Gireesh Gupta), Foot & Ankle (Dr. Jayant Sen) and Arthroscopy & Arthroplasty (Dr. B. R. Bagaria and Dr. Rajiv Gupta) meetings in the first quarter. Preparations for Mid-Term ROSACON by Dr. Amit Vyas in July have also begun.

My parents, Dr. Goutam and Dr. Nirmal Sen have affectionately seen me pursue my passion as my wife, Dr. Nalini extends all her encouragement and support and my loving daughters Surabhi and Sukriti miss out on our precious family time.

Last, but not the least all my dear ROSA members I have tried my best, may have made a few mistakes, please pardon me for them and guide me as we together take ROSA to uncharted heights.

Wishing you and your families a very happy and healthy 2019.

Best wishes.

Jai ROSA !! Jai Hind !!



Dr. Jayant Sen

(Secretary ROSA)

Closed Ulnar condyle fracture of Thumb MCP joint associated with EPL tendon injury - Case Report

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Introduction - Acute disruption of Thumb ulnar collateral ligament is a common injury. Failure of the ligament commonly occurs at the base of the proximal phalanx and is sometimes associated with osseous avulsion from the Proximal phalanx.

Associated injuries to many other structures have been reported, such as disruption of the adductor aponeurosis, dorsal capsule, and volar plate (2,3,4,5,6). UCL injuries are also associated with MCP dislocation (5,7,8).

We report a case of patient who sustained osseous avulsion fracture of ulnar condyle of the proximal phalanx with EPL disruption.

Case report - 14 year old child sustained a fall on the out stretched hand and presented 3 days following the injury with pain, swelling and restricted movement right Thumb. Clinical examination revealed Tenderness at ulnar condyle region of first MCP joint and guarding with MCP valgus stress test. Despite marked guarding the patient demonstrated active IP and MCP flexion, however no active IP extension could be appreciated. X ray showed displaced Ulnar collateral ligament avulsion fracture of MCP joint of Thumb

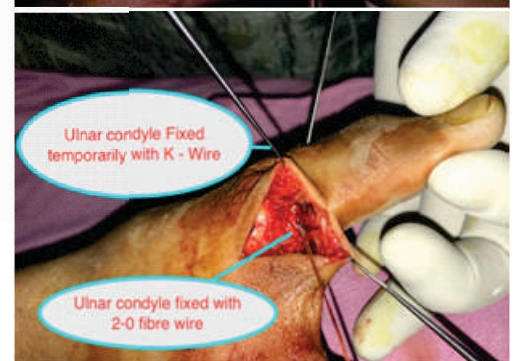
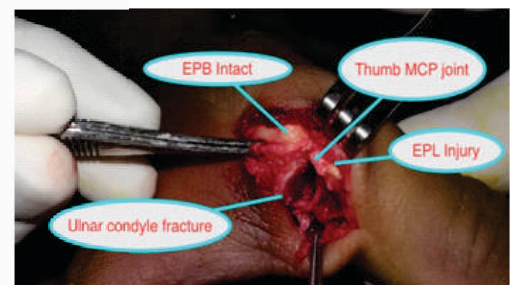
Surgical management was planned for displaced ulnar condyle fracture of first MCP joint.

Lazy "S" shaped incision was made on ulnar aspect of first MCP joint. Extensor expansion of MCP joint was evaluated and found to have an EPL tendon injury associated with displaced ulnar condyle fracture. 2-0 fibre wire was used to approximate ulnar condyle fracture which was then fixed with a K wire. EPL Tendon was repaired with 3-0 proline with modified Kessler technique. Thumb Abduction slab applied for 6 weeks.

K wire removed at 6 weeks followed by Rehabilitation for next 6 weeks. At 2 and half month patient had improved range of movement of MCP joint and negative stress test for MCP joint.

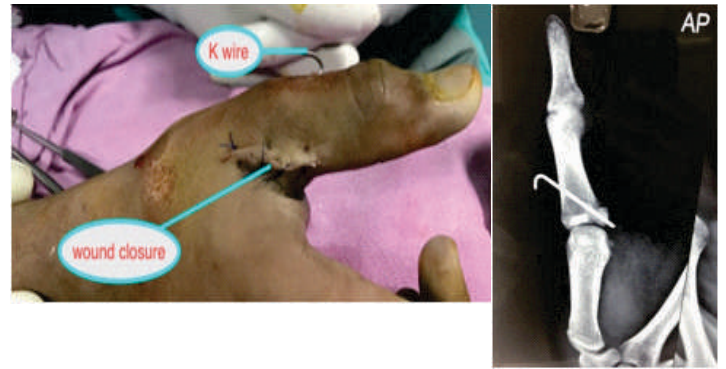
Discussion - This report documents the rare constellation of ulnar condyle and EPL tendon disruption. Coonrad and Goldner (5) described a single case of proximal UCL avulsion, EPB tendon tear. Three cases of combined EPB and radial collateral ligament tears also have been reported(9). One case of associated combined EPL and EPB injury has been reported. Radial displacement of EPL tendon is commonly associated with UCL injuries (1,9) but we found no documentation of associated isolated EPL disruption.

The UCL is more likely to fail if the MCP joint is flexed at the time of trauma because its fibres are taught in flexion and loose in extension. We propose that most likely mechanism of injury for this case



was direct trauma to the dorsum of the proximal phalanx with MCP joint acutely flexed . Pure hyperabduction mechanism fails to explain the extensor tendon injury.

Although this report describes an unusual injury, the clinical evaluation of the acutely unstable thumb should include evaluation of tendon integrity so that such an injury is not missed.



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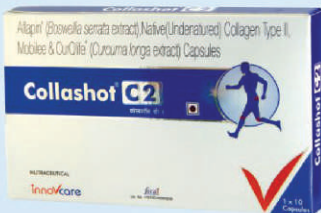
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